

Tots & Teens Pediatrics

Coronavirus Office Policy Update

As our practice continues to adapt to the effects of the Coronavirus, please use these guidelines if your child is sick with any of the following. Please call our office **BEFORE** bringing your child to the clinic:

- Fever of >101 or higher
- Respiratory symptoms e.g. cough, shortness of breath and wheezing
- Exposed to someone with a confirmed **COVID-19 POSITIVE TEST**
- Has traveled to an affected **COVID-19** area

If instructed to bring your child to the office follow these steps:

- **CALL** from your car when you arrive to our office
- **ONLY** 1 parent/guardian will be allowed to accompany the patient to the appointment. **DO NOT** bring other children unless they also require medical attention.
- Due to the worldwide shortage of masks, we are asking that you bring a “homemade mask” to cover the patient’s nose and mouth (if age appropriate). You can use a scarf, bandana, or napkin with rubber bands to secure around the ears.

In addition, we ask that our patients and staff continue to use common precautionary practices such as

- Wash hands with soap and water for 20-30 seconds
- Cover coughs and sneezes in the elbow or in a tissue and properly discard in trash!
- Stay away from people who are sick
- Avoid touching your face especially your eyes, nose and mouth!
- Sanitize surfaces frequently
- Avoid crowded places and practice SOCIAL distancing

We will be offering **Telemedicine consultations via telephone** to help minimize social interaction to help combat COVID-19. Please continue to be aware and informed about current events and Coronavirus topics in our area and nationwide! If you have any questions, please feel free to call our office. We will continue to keep you up-to-date with any office changes. Be safe and don’t forget that we are in this together!