

COVID-19 (Coronavirus) Alert

With the growing concerns around COVID-19 (Coronavirus), Tots & Teens Pediatrics is taking a proactive approach which incorporates the guidance of the CDC (Centers for Disease Control) and the World Health Organization (WHO). In addition to our daily sanitizing practices, we have adopted an extra vigilant cleaning protocol which includes utilizing a hospital grade disinfectant that kills 99.9% of bacteria, viruses, and fungus. All frequently touched surfaces such as light switches, door knobs, seats, shelves and every piece of technology laptops, desktops, screens, mouse, and mouse pads are cleaned on the hour every hour daily. Exam room sanitizing practices have and will continue to be cleaned between every patient this includes all medical tools and equipment. Please be patient as you will notice a change in our regular operations.

An important aspect of controlling the spread of COVID-19 is practicing **social distancing**. In order to reduce the person to person contacts, we are asking that only one “Healthy” adult accompany each patient. Our scheduling practices has changed as well:

Well visits will only be scheduled in the morning from 8am- 11am

Sick visits will only be scheduled in the afternoon from 1pm- 4pm

We apologize for any inconvenience and appreciate your support as we work together to help prevent the spread of viruses in our community. As a reminder, please follow these prevention tips:

- Avoid close contact with people who are sick.
- Wash your hands frequently with soap and warm water (time and friction are the keys to effectiveness). If soap and warm water are not available, use an alcohol-based hand gel.
- Cough or sneeze into your elbow or sleeve or cover coughs or sneezes with a tissue and throw the tissue directly into the trash.
- Avoid touching your eyes, nose and mouth.
- If you are sick, stay home and call your health care provider.

We will continue to closely monitor the Centers for Disease Control and Prevention (CDC) and World Health Organization (WHO) along with our state and local officials regarding COVID- 19 and adjust our operations according to the recommendations of health authorities as the situation develops. If you have any questions regarding COVID-19, please visit the CDC website www.cdc.gov/coronavirus or contact your local health department (361) 826-7200.